Gwaelod y Garth

Cylchlythyr Wythnosol ~ Weekly Newsletter

03.07.26

Gair gan y Pennaeth ~ Headteacher's Greeting

Braf oedd gweld disgyblion o bob dosbarth yn cael blas ar eu dosbarthiadau newydd wrth i ni gynnal **bore pontio dosbarthiadau** yr wythnos hon. Roedd pawb i weld wrth eu boddau – ac yn hynod gyffrous! Diolch i'r staff am weithio mor ddiwyd i drefnu profiadau pontio ystyrlon a hwyliog i'r plant.

Dros yr wythnosau diwethaf, mae disgyblion blwyddyn 5 a 6 wedi bod ar ymweliadau gwerthfawr â'u hysgolion uwchradd er mwyn paratoi i symud i'r ysgol uwchradd. Rydym yn ddiolchgar iawn i'r ysgolion uwchradd am drefnu'r profiadau pwysig yma i'n plant. Gyda'r rhan fwyaf yn trosglwyddo i Ysgol Plasmawr a Radyr Comprehensive, diolch i'r ysgolion hynny am gydweithio agos gyda ni trwy'r flwyddyn eleni eto.

Cafodd **Tîm Criced Blwyddyn 4** brofiad arbennig arall yr wythnos hon wrth gael eu gwahodd i Dwrnamaint Cenedlaethol yr Urdd yn sgil ei llwyddiant yn y rhanbarth. Llongyfarchiadau mawr iddyn nhw ar eu llwyddiant a'u gwaith tîm clodwiw. Diwrnod i'w gofio yn sicr.

Bydd wythnos nesa yn wythnos hyfforddiant seiclo i ddisgyblion Blwyddyn 5. Cofiwch ymarfer dros y penwythnos i allu manteisio o'r gore ar y cyfle!

Mae adroddiadau cynnydd blynyddol pob plentyn wedi danfon atoch heddiw drwy e-bost. Gofynnaf i chi wirio eu bod wedi cyrraedd. Mwyhewch ddarllen!

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It was wonderful to see all our pupils having a taste of their new classes as we held a transition morning to new classes this week. The pupils seemed so happy – and were hugely excited! Thank you to the staff for working so hard to plan meaningful and fun transition experiences for the children.

Over the past few weeks, Year 5 and 6 pupils have been on valuable visits to their secondary schools in preparation for their transition to high school. We are very grateful to all the high schools for organizing these important experiences for our children. With most transferring to Ysgol Plasmawr and Radyr Comprehensive, thanks to those schools for working closely with us throughout the year again this year.

Our **Year 4 Cricket Team** had another great experience this week when they were invited to the Urdd National Tournament following their success in the region. Congratulations to them on their success and commendable teamwork. A day to remember!

Next week will be a cycle training week for Year 5 pupils. Don't forget to practice over the weekend to be able to take advantage of the gore at the opportunity!

Children's annual progress reports have been sent to you today by email. Please check that they have arrived. Enjoy reading!

Dyddiadau Pwysig
Important Dates

06.07.26 – 09.07.26
Hyfforddiant Seiclo B5
Year 5 Cycle training

Dydd Mawrth 07.07.26
Taith hwyl 3C a 4C
3C and 4C Fun Trip

Dydd Mawrth 10.07.26
Mabolgampau Meithrin
Meithrin Sports Day
9.45am / 1.30pm

Mawrth / Tuesday 14.07.26
Diwrnod Ben i Waered
Upside Down Day

Mercher / Weds 15.07.26
9.30am
Gwasanaeth Ymadael B6
Y6 Leavers' Assembly

Dydd Mercher 15.07.26 @ 1pm
Barbaciw y Feithrin
Meithrin BBQ

Dydd Iau 16.07.26
Taith hwyl B6
Year 6 Fun Trip

Dydd Gwener 17.07.26
Diwrnod ola'r tymor
Last day of term

Dydd Iau 03.09.26
Diwrnod cyntaf y tymor i blant / First day of the new term for children

01.09.26 – HMS / INSET
02.09.26 - HMS / INSET

Tîm Criced Blwyddyn 4 yn mwynhau'r haul ac yn cydweithio'n wych yn Nhwrnamaint Cenedlaethol yr Urdd.

The Year 4 Cricket Team enjoying the sun in the Urdd National Tournament. Great team work!

Diwrnodau HMS 2026-27 INSET Days

Dydd Mawrth / Tuesday	01.09.26
Dydd Mercher / Wednesday	02.09.26
Dydd Llun / Monday	05.10.26
Dydd Llun / Monday	04.01.27
Dydd Gwener / Friday	30.04.27
Dydd Gwener / Friday	28.05.27

Cymro / Cymraes yr Wythnos

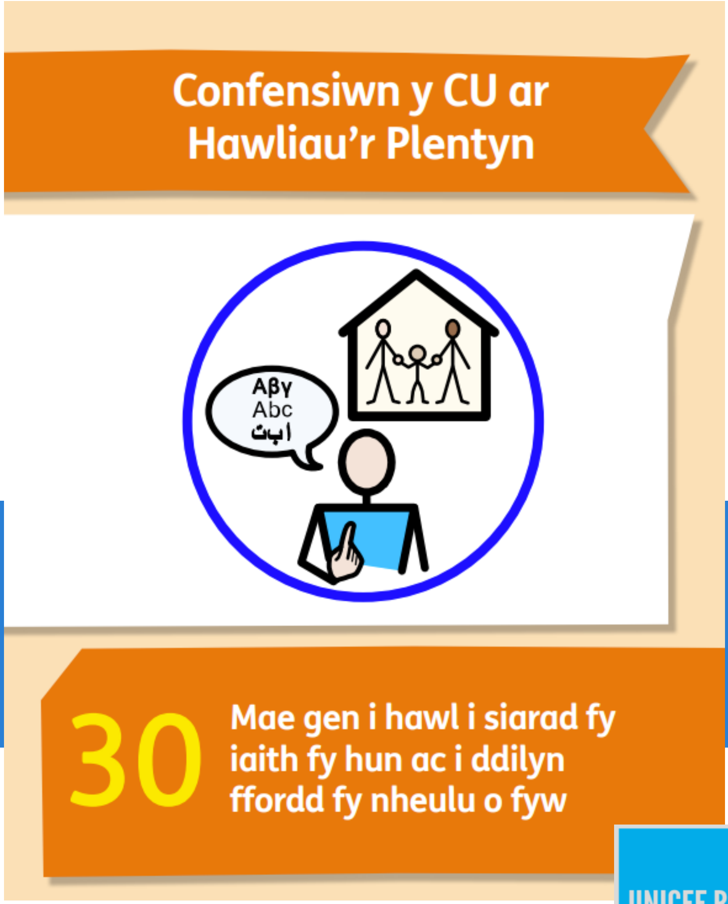
Welsh learners of the week

Dysgwyr yr Wythnos

Learners of the week

Hawl y Mis - Mis Gorffennaf

Right of the Month - July



UNICEF RIGHTS RESPECTING SILVER SCHOOL AWARD

Amddiffyn a Diogelu Plant

Mae Amddiffyn a Diogelu Plant yn fater pwysig iawn. Mae dyletswydd ar bawb yn y gymuned i ddiogelu pob plentyn. Mae polisi diogelu'r ysgol ar wefan yr ysgol: Polisi Diogelu ac Plant

Pe bai gennych bryder am ddiogelwch plentyn, dylech rhannu'r pryder gyda Swyddogion Diogelu'r ysgol ar unwaith. **Swyddogion Diogelu** yr ysgol yw Mrs Helen Sharkey, Mrs Wendy Owen a Mrs Helen Davies. Gallwch ffonio'r ysgol ar unrhyw adeg i drafod diogelu.

Child Protection and Safeguarding

Child Protection and Safeguarding is an important matter. All members of the community have a duty to protect all children. The school's safeguarding policy can be found on the school's website: Safeguarding and Child Protection

If you have a concern about a child's safety, you should share the concern with the school's Safeguarding Officers immediately. The school's Safeguarding Officers are Mrs Helen Sharkey, Mrs Wendy Owen and Mrs Helen Davies. You can call the school at any time to discuss safeguarding.

<u>Bws Beics / Bike Bus</u>

Siacedi hi-vis newydd: Hoffai tîm a beicwyr y Bws Beics ddiolch yn fawr iawn i gwmni lleol Sphere Solutions am ddarparu siacedi llachar newydd ar gyfer y Bws Beics. Mae bod yn weladwy ar y ffordd yn bwysig iawn, ac erbyn hyn mae gennym ddigon o siacedi i'n holl feicwyr, yn ogystal â digon i groesawu beicwyr newydd hefyd. Diolch yn fawr i Vikki a Robyn o Sphere Solutions am ymuno â ni y bore yma. Rydym yn ddiolchgar iawn i chi am gefnogi'r Bws Beics.

Arolwg Bws Beics: Byddem yn ddiolchgar iawn pe gallech roi ychydig o amser i gwblhau'r arolwg hwn gyda'ch plentyn. https://app.onlinesurveys.jisc.ac.uk/s/sustrans/evaluating-fridedays-bike-bus-project-2025-26 Bydd eich atebion yn cael eu casglu gan raglen Bws Beics 'Fridedays', sy'n cael ei darparu gan Walk Wheel & Cycle Trust (a elwid gynt yn Sustrans).

Os hoffech ymuno â grŵp WhatsApp y Bws Beiciau, gofynnwch am y manylion yn eich grŵp WhatsApp dosbarth.

Bws Beiciau olaf y tymor -
Dydd Gwener 10ed
Gorffennaf

Last Bike Bus of Term -
Friday 10th July

New hi-vis jackets: The bike bus team and riders would like to say an enormous thank you to local company Sphere Solutions for providing new hi-vis jackets for the bike bus. Being visible on the road is really important and now we have plenty of jackets for all our riders and lots more to welcome new riders too. Thank you to Vikki & Robyn from Sphere Solutions for joining us this morning. We are very grateful for your support of the bike bus.

Bike Bus Survey: We would be very grateful if you could spare the time to complete this survey with your child. Your answers will be collected by the Fridedays Bike Bus programme which is delivered by the Walk Wheel & Cycle Trust (previously Sustrans). https://app.onlinesurveys.jisc.ac.uk/s/sustrans/evaluating-fridedays-bike-bus-project-2025-26

If you would like to join the Bike Bus WhatsApp group please ask for details in your class WhatsApp group.

Clybiau ar ôl ysgol

Mae Clwb Celfyddydau Mynegiannol Dydd Mercher a Chlwb Chwaraeon Dydd Iau bellach **wedi gorffen** y tymor hwn.

Diolch i bob aelod staff sydd wedi gwirfoddoli i gynnal y clybiau gydol y tymor a rhoi eu amser am ddim i wneud.

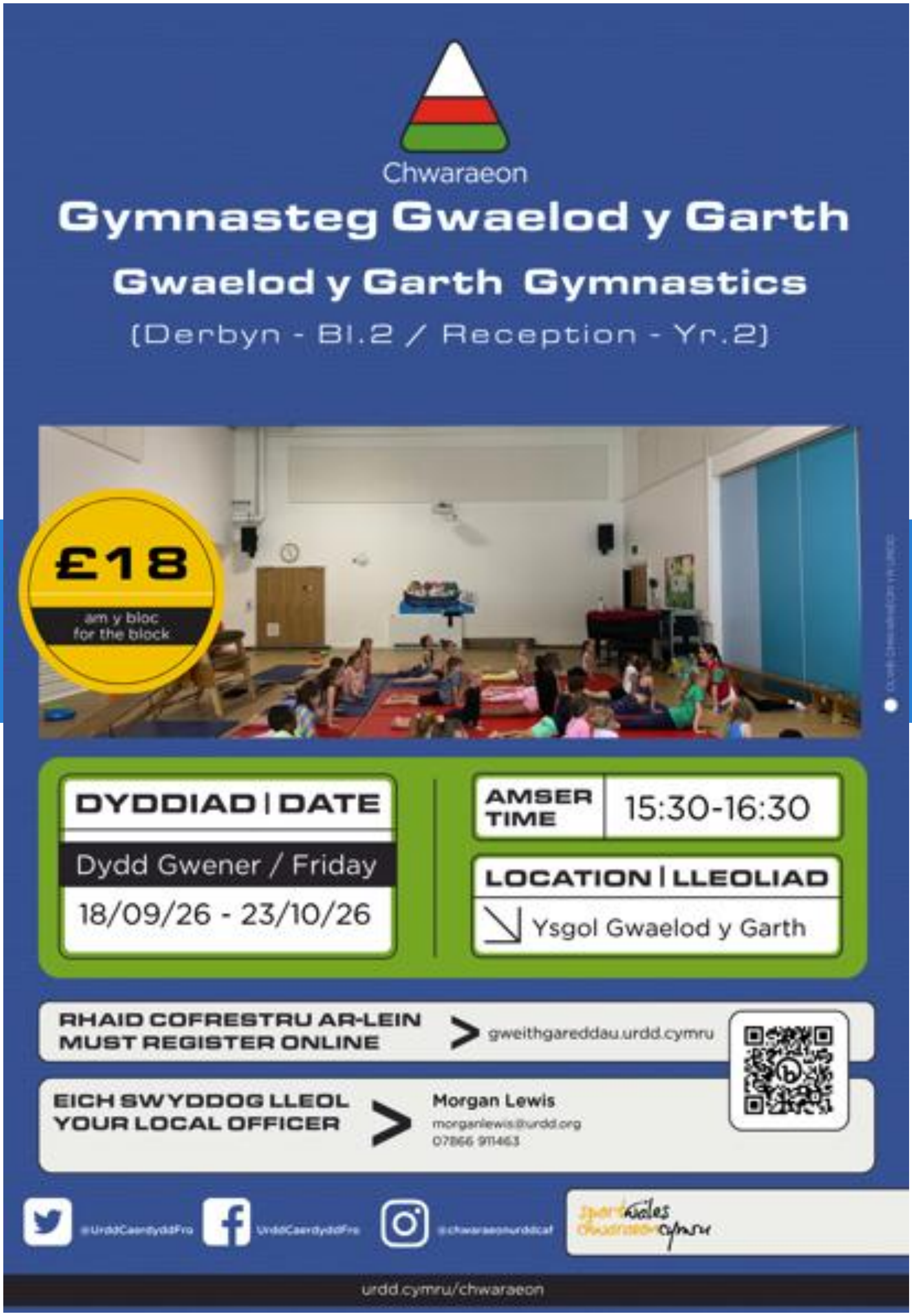
Bydd clybiau yn ail-gychwyn ar Ddydd Mercher 23 Medi a Dydd Iau 24 Medi.

After school clubs

The Expressive Arts Club and Sports Club have now come to an end for this term.

Diolch to all the staff members who have volunteered to run the clubs throughout the season and given their free time to do so.

Clubs will resume on Wednesday 23 September and Thursday 24 September.



Clwb gymnasteg Mis Medi – Gymnastics Club from September

https://gweithgareddau.urdd.cymru/eventgroup/ecba2101-3c75-f111-ab0f-

Rhaid ymaelodi gyda'r Urdd i fynychu
Must be an Urdd member to attend
> urdd.cymru/ymuno <

Aelodaeth £1 ar gael i'r rheiny sy'n derbyn cefnogaeth ariannol
£1 membership for those receiving income support

Chwaraeon

Cynnwys potel ddŵr a bag am ddim | Free water bottle and bag included

NOFIO DWYS YR URDD
URDD INTENSIVE SWIMMING

Nofio dwys cyfrwng Cymraeg ar draws De Cymru ar gyfer bob oedran a gallu
Welsh language intensive swimming across South Wales for children of all ages and abilities

C.H Gorllewin | Western L.C	10/08 - 14/08/26	Oed | Age 3+
C.H Bedwas | Bedwas L.C	17/08 - 21/08/26	Oed | Age 3+
C.H Barri | Barrry L.C	24/08 - 28/08/26	Oed | Age 4+

Mae taliadau ar gyfer nofio dwys yn cael ei talu fesul wythnos a gallwch ddarganfod gwybodaeth bellach trwy ymweld â gwefan yr Urdd.

Payment for intensive swimming are paid by the week, you can find further information regarding cost of lessons by heading over to the Urdd website.

Llefydd cyfyngedig | Limited spaces

Mae croeso i nofwyr newydd ac mae rhestrau aros ar gael os mae gwersi yn llawn

New swimmers are welcome to join and waiting lists are available if lessons are full

Am fwy o wybodaeth ac i gofrestru:
For more information and to register:
nofio@urdd.org | 02922 405339
urdd.cymru/CofrestruChwaraeon | urdd.cymru/SportsRegistration

UrddCaerdyddFro UrddCaerdyddFro UrddCaerdyddFro

Lleoliad | Location	Wave | Ton	Pris | Price
C.H Gorllewin Western L.C CF5 5HJ	Sblash | Splash 08:00 - 08:30 Ton | Wave 3 08:00 - 08:30 Ton | Wave 1 + 2 08:30 - 09:00	£35 am yr wythnos
C.H Bedwas Bedwas L.C CF83 8BJ	Sblash | Splash 10:00 - 10:30 Ton | Wave 4/5 10:00 - 10:30 Ton | Wave 1 & 2/3 10:30 - 11:00	£32.50 am yr wythnos
C.H Barri Barry L.C CF63 4JJ	Ton | Wave 1 + 4/5 10:00 - 10:30 Ton | Wave 2 & 3 + 6/7/8 10:30 - 11:00	£32.50 am yr wythnos

Padlet Gwasanaeth Nyrsio Ysgol

Mae'r Gwasanaeth Nyrsio Ysgol wedi datblygu Padlet newydd i gefnogi iechyd a lles plant, pobl ifanc, rhieni a gofalwyr.

Mae'r adnodd ar-lein hwn yn dwyn ynghyd ystod o wybodaeth, cyngor a gwasanaethau cymorth dibynadwy, sy'n ymdrin â phynciau fel lles emosiynol, ffyrdd iach o fyw a ble i gael gafael ar help. Mae ar gael mewn unrhyw iaith (Cliciwch ar y 3 dot yn y gornel dde uchaf a dewiswch yr iaith a ddymunir). Cymerwch gip!

Gallwch gael mynediad i'r Padlet yma:

https://padlet.com/cavhv/cardiff-vale-school-nursing-nyrsio-ysgol-caerdydd-a-r-fro-iwa6uqnen51otxrc

School Nursing Service Padlet

The School Nursing Service has developed a new Padlet to support the health and wellbeing of children, young people, parents and carers.

This online resource brings together a range of trusted information, advice and support services, covering topics such as emotional wellbeing, healthy lifestyles and where to access help. It is available in any language (Click the 3 dots in top Right hand corner and select desired language) Please take a look.

We would be grateful if you could share this with your school community to support pupils and families.

You can access the Padlet here:

https://padlet.com/cavhv/cardiff-vale-school-nursing-nyrsio-ysgol-caerdydd-a-r-fro-iwa6uqnen51otxrc