

Gwaelod y Garth

Cylchlythyr Wythnosol / Weekly Newsletter

13.06.2025



Bwyta'n iach ~ Healthy Eating

Mae hi wedi bod yn wythnos o ddysgu am **fwyta'n iach** ar draws yr ysgol yr wythnos hon – ac mae'r disgyblion yn glir eu bod wedi mwynhau hynny yn fawr. Bu prysurdeb ym mhob dosbarth wrth dorri ffrwythau a pharatoi ryseitiau iach o bob math. Manteisiwch ar y cyfle i adeiladu ar hwyl y bwyta'n iach adref dros y penwythnos a'r wythnosau sydd i ddod!

Wrth i ni baratoi ar gyfer y **Ffair Haf** mewn pythefnos, diolch yn fawr i chi am y cwpanau 'Jolly Jars' sydd wedi'u haddurno a'u dychwelyd i'r ysgol yn barod. Mae copi o'r llythyr a ddaeth adre gyda phob plentyn gyda manylion y Ffair Haf wedi'i atodi gyda'r Cylchlythyr hwn. Diolch eto i chi gyd am bob cyfraniad ac i bawb sydd wrthi'n trefnu. Mae hwyl y Ffair Haf yn un o uchafbwyntiau'r haf i ni gyd.

Mae'r penwythnos hon yn benwythnos gŵyl **Tafwyl**. Mae'r **Tafwyl** yn ŵyl blynyddol ym Mharc Biwt yng Nghaerdydd ac sydd am ddim i bawb. Fe anogwn pob un ohonoch i fynd gyda'r teulu – mae yno hwyl o bob math i bawb o bob oed ar cyfan yn yr iaith Gymraeg. Bydd Côr Plant iau yr ysgol yn perfformio ar lwyfan yr ysgolion ar Ddydd Sul am 1.45pm – dewch draw i gefnogi os ydych chi yno!



It's been a week of learning about **healthy eating** across the school this week – and the pupils are clear that they've had fun! The excitement was clear in every class with children busy cutting fruit and preparing healthy recipes of all kinds. We encourage you take this opportunity to build on the fun of healthy eating at home over the weekend and weeks ahead!

As we prepare for the **Summer Fayre** in two weeks' time, thank you so much for the 'Jolly Jars' cups that have already been decorated and returned to school. A copy of the letter brought home with each child with details of the Summer Fair is attached to this Newsletter. Thank you again to you all for your valued contributions and to everyone who is organising. The fun of the Summer Fair is certainly one of the highlights of summer for us all.

The **Tafwyl** festival takes place this weekend. **Tafwyl** is an annual festival at Bute Park in Cardiff and is free for everyone. We encourage all of you to go with the family – there's fun of all kinds for people of all ages and it is all in the Welsh language. The school's younger Children's Choir will be performing on the schools' stage on Sunday at 1.45pm – come along to support if you're there!



Dyddiadau Pwysig Important Dates

15.06.25 Dydd Sul / Sunday
Tafwyl: Derbyn/Reception,
1C, 1E & 2C

20.06.25 Gwener / Friday
Gwasanaeth Dosbarth 1E
1E Class Assembly

27.06.25 Gwener / Friday
Ffair Haf
Summer Fair

04.07.25 Gwener / Friday
Gwasanaeth Dosb. Derbyn
Reception Class Assembly

16.07.25 Mercher / Weds
Gwasanaeth Ymadael B6
Y6 Leavers' Assembly

Cofiwch am ein calendr byw ar
dudalen cartref y wefan.

*Our live calendar is on our school
website's homepage.*



Dyddiadau Bws Beics Tymor yr Haf Summer Term Bike Bus Dates

20.6.25

4.7.25

11.7.25

Croeso cynnes i aelodau newydd!
New members always welcome!



**FFAIR HAF
SUMMER
FAYRE**

DYDD GWENER
FRIDAY **27/06/25**
3.30-5.30pm

**MYNEDIAD
AM DDIM
FREE ENTRY**

Stondinau, gemau, peintio
gwyneb, castell wynt a llawer mwy.
Dewch yn llw!

Stalls, games, face painting,
bouncy castle & lots more.
Everyone welcome!

Talu trwy gerdyn ar gael
Card payment available

gwaelodygarth.co.uk





Cymro / Cymraes
yr Wythnos

Welsh learners of
the week



Dysgwyr yr
Wythnos

Learners of the
week

